



HE CAN TAKE CARE OF HIMSELF JUST FINE

Al Cornell doesn't look like the impudent, shirtless gurus featured on reality TV shows, but he's one of the most respected survival and primitive-skills experts in Arizona. Among other things, he can make sandals from yucca leaves, he taught himself how to track human beings, and he's an expert on primitive fire-making techniques. And another thing: He's 77 years old.

BY ANNETTE MCGIVNEY
PHOTOGRAPHS BY JOHN BURCHAM

After a long military career, Al Cornell retired in Sedona and decided to "upgrade" his survival skills, including learning how to start a fire with a hand drill. He now has made more than 8,000 embers using the technique.