

# HIT THE ROAD

CAN'T-MISS GETAWAYS



→ DESTINATION: FORT WORTH ←

## Trinity Tales

Exploring Fort Worth's Trinity Trails

text by **Melissa Gaskill**

**F**ROM MY SEAT ON THE SHADED PATIO AT Woodshed Smokehouse, the view takes in a wall of leafy green trees and rippling water that glimmers in the sun. This restaurant overlooks the Clear Fork of the Trinity River and Fort Worth's Trinity Trails, 40 miles of paved and crushed-limestone routes suitable for hikers, bikers, runners, and equestrians. The trails connect many of the city's parks and attractions, setting the stage for my weekend of outdoor recreation, dining, and relaxation—all without a car.

I've started my Trinity Trails adventure with a hearty lunch. Chef Tim Love draws on a variety



- ▷ **Houston**  
4 hours
- ▷ **Austin**  
3.5 hours
- ▷ **Amarillo**  
5.5 hours
- ▷ **Texarkana**  
3.5 hours
- ▷ **Abilene**  
2.25 hours

of woods like mesquite and pecan stored in on-site sheds for his expertly grilled, roasted, and slow-cooked meats, fish, and vegetables. I order the butcher's sandwich, piled high with brisket, pulled pork, sausage, coleslaw, house pickles, and mustard, along with a side of Mexican roasted corn. It's more than adequate fuel for the bike ride ahead of me.

The Trinity River rises from four tributaries—the East Fork, Elm Fork, West Fork, and Clear Fork. Near downtown Fort Worth, the Clear Fork empties into the West Fork, which then runs toward downtown Dallas, where it meets the Elm